

FAITH BOOSTERS TO HELP YOU TRUST GOD

Have you built up your trust fund? No, I'm not talking about your bank account. I'm talking about investing in a spiritual trust fund by memorizing and meditating on scriptures that connect you with God and combat fear. Here are five scriptures to start with. Each week pick one and post it in places where you'll see it frequently throughout the day. Read it, speak it, memorize it, and journal about it. Use it to help you say, "Lord, I trust You today!" Add a new one each week and in five weeks you'll have a trust fund that can't be taken away from you no matter what the stock market does.

Trust in Him at all times, you people; Pour out your hearts to Him, for God is our refuge. ([Psalm 62:8](#))

All times. All situations. Nothing is off limits with God when we choose to pour out our hearts to Him. He can handle our tears and frustrations. He can handle our deepest regrets and failures. He promises to be a refuge for us when we choose to trust Him.

Trust in the Lord and do good; Dwell in the land and feed on His faithfulness. ([Psalm 37:3](#))

When you don't know what else to do, do this! Choose to trust and do what you know to be good while God works things out on your behalf. Dwell in the land—bloom where you are planted and keep your spirit nourished through His faithfulness.

I will say of the Lord, "He is my refuge and my fortress, my God in whom I trust." ([Psalm 91:2](#))

Sometimes we jot in our journals. Sometimes we pray in our hearts. But sometimes we've got to hear ourselves say out loud what we believe inside. Declaring our trust in God has a way of galvanizing us, reminding us that we are fierce daughters of the King. Rather sing than speak? Then ring out this hymn: A mighty fortress is our God, a bulwark never failing!

Trust in the Lord with all your heart and lean not on your own understanding; In all your ways submit to Him, and He will make your paths straight. ([Proverbs 3:5-6](#))

One of the beautiful things about the Psalms and Proverbs is that they acknowledge that for all our learning and gathering of wisdom, we will come to the end of ourselves. What we know is not enough. What we've learned only barely scratches the surface. But we can trust the deeper wisdom of our Father who longs to put us on the right path. That usually starts with me admitting He is God and I am not. Then, I can lean on His wisdom and His good intentions toward me.

You will keep in perfect peace those whose minds are steadfast, because they trust You. ([Isaiah 26:3](#))

This final verse is what I'm praying for myself and for you as we head into the busy back-to-school season (and yes, McLeod, it is football season, too). It's time to dip into those trust funds! I'm praying that no matter what circumstances come our way, we will have steadfast minds that choose to focus on a trustworthy Father and that receive, in return, His perfect peace.